

## 2021 GSSA CHAMPIONSHIP MEET COACH'S BRIEF

**VOLUNTEERS:** Many volunteers are needed to make this event run smoothly. Please be sure that all your team's volunteer spots are filled, and that your volunteers are in their respective positions at the time they are scheduled.

**DECK ACCESS:** Only competing athletes, coaches, officials, and official meet staff are permitted on the deck area surrounding the pool. Coaches will be issued a deck pass which must be shown to Deck Control volunteers to access the "off limits" areas of the pool deck. Access to the deck is ONE WAY. Entrance will be via the Kiddie Pool to the left of the Pool House, and the exit is the far right corner of the pool deck. Swimmers will not be able to enter the competition area via the Pool House.

**COVID PRECAUTIONS/TENTS: PLEASE BE SURE TO SHARE THIS INFORMATION WITH YOUR FAMILIES ATTENDING THE MEET:** The Milford Recreation department has asked that each team to set up an area outside the pool deck fence once they arrive. They ask that each team stay in their own area and not socialize with other teams to lessen the risk to all attending. Spectators will only be allowed on deck in the bleacher area and we ask that they rotate in and out to allow others to watch events. Swimmers are asked to exit the deck immediately after they have swum each of their events. Swimmers will enter the pool deck via the Kiddie Pool entrance. Deck Control volunteers will be checking for deck passes. Please note: trash barrels are set up in locations so that emergency access vehicles can access all areas of the field. Please do not move trash barrels. Your team is responsible for keeping their area clean. Trash bags will be provided for all teams to assist with this.

**COACHES MEETING:** There will be a coaches meeting before each session. All coaches should make arrangements for one coach from each team to attend. All teams are responsible for the information provided at the meetings.

**WARM-UP/WARM-DOWN AREA:** The 12-foot/deep end of the pool may be used for warm-up and warm-down. There will be a limit of 5 swimmers allowed in the area at any one time. Entry must be feet-first, as diving is not allowed. Swimmers must be supervised. Swimmers must not enter the water when a heat is starting to avoid potential false starts of swimmers in the heat. Use of area is limited to swimmers 9 and over. **Failure to follow the above rules could result in the warm-up area being closed for the remainder of the meet.**

**COACH'S RELAY:** On Sunday before the final awards presentation, there will be a Coach's Relay race. If you would like to participate in this fun event, be sure to come prepared!

**MISCELLANEOUS:** Teams accept responsibility for the behavior of their swimmers and related guests at all times. Granite State Swim Association, Milford Keyes Swim Team and Town of Milford assume no responsibility for lost or stolen property. For the health, safety and consideration of our competing athletes, smoking is not permitted. Dogs are required to be on a leash in the park and are not permitted inside the fenced pool area. For safety reasons and due to the size of this meet, portable grills (propane and charcoal) are NOT allowed to be used on-site during the event.

**SCRATCHES:** The meet will be swum as pre-seeded timed finals for individual events. Scratches will be due as follows:

- Saturday scratches for individual swimmers are due by 3:00 pm Friday, August 6<sup>th</sup>
- Sunday scratches for individual swimmers are due by 3:00 pm on Saturday August 7<sup>th</sup>
- Relay scratches – cards will be distributed the morning of each session with entered swimmer's names. All relay scratches are due by 10:00AM the morning of each session. Relays will be re-seeded once all relay entries are updated and heat sheets for relays will be distributed to coaches by the entry chairperson. Please send preliminary names in to the entry chairperson via Hy-Tek (or equivalent) by Friday evening so we do not have to manually enter all names each day.

**HEAT SHEETS:** Will be available each morning for all events (except relays) at the coach's meeting. Printed programs and Meet Mobile app programs will be available for sale to spectators.